

Outline

Introduction:

Job 9:25-26 (NASB)

Job 14:1-2 (NASB)

Psalm 39:4-6 (NASB)

Psalm 102:11-12 (NASB)

James 4:13-16 (NASB)

Psalm 90:4-6 (NASB)

Psalm 90:9-10,12 (NASB)

Am I using my time wisely or foolishly? How do I use my time?



Outline

I. Walking _____ God Ephesians 5:18-20

Ephesians 5:18-20 (NASB)

¹⁸ And do not get drunk with wine, for that is dissipation, but be filled with the Spirit,

¹⁹ speaking to one another in psalms and hymns and spiritual songs, singing and making melody with your heart to the Lord;

²⁰ always giving thanks for all things in the name of our Lord Jesus Christ to God, even the Father;

Walk in the book of Ephesians - Ephesians 2:2,10; 4:1,17; 5:2,8,15



Outline (continued)

II. Walking _____ God Ephesians 5:15-17
Ephesians 5:15-17 (NASB)

¹⁵ Therefore be careful how you walk, not as unwise men but as wise,
¹⁶ making the most of your time, because the days are evil.

¹⁷ So then do not be foolish, but understand what the will of the Lord is.

Ephesians 5:15 (HCSB) ¹⁵ Pay careful attention, then, to how
you walk—not as unwise people but as wise—

Ephesians 5:15 (ESV) ¹⁵ Look carefully then how you walk, not
as unwise but as wise,

Walking in the Will of God

Behavior / Character / Holiness / wisdom not foolishness



Outline (continued)

Ephesians 5:1-14 (NASB)

Ephesians 5:16 (NASB) ¹⁶ making the most of your time, because the days are evil.

III. Walking With _____ Ephesians 5:21

Ephesians 5:21 (NASB) ²¹ and be subject to one another in the fear of Christ.

Working & Witnessing & Relating for the Glory of God
One-anothers of the Bible



Outline (continued)

Colossians 4:2-6 (HCSB) ² Devote yourselves to prayer; stay alert in it with thanksgiving. ³ At the same time, pray also for us that God may open a door to us for the message, to speak the mystery of the Messiah, for which I am in prison, ⁴ so that I may reveal it as I am required to speak. ⁵ Act wisely toward outsiders, making the most of the time. ⁶ Your speech should always be gracious, seasoned with salt, so that you may know how you should answer each person.

Conclusion:

Harry Ironside - "Time is given us to use in view of eternity."
Do you live your life in the light of eternity?



Outline (continued)

What did I do today that mattered? “No day is lost in which I grow in Christ.” What does my life amount to? What is there about me that matters? Am I more like our Lord at day’s end than I was at that day’s beginning?



Message slides

Discipleship Principles

Fall Series



Our Time

Ephesians 5:15-18 (NASB)

I. Walking With God

Discipleship Principles:



Our Time

Ephesians 5:18 (NASB)

¹⁸ And do not get drunk with wine, for that is dissipation, but be filled with the Spirit,



Ephesians 5:19 (NASB)

¹⁹ speaking to one another in psalms and hymns and spiritual songs, singing and making melody with your heart to the Lord;



Ephesians 5:20 (NASB)

²⁰ always giving thanks for all things
in the name of our Lord Jesus Christ
to God, even the Father;



I. Walking With God

II. Walking Like God

Discipleship Principles:



Our Time

Ephesians 5:15 (NASB)

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Ephesians 5:17 (NASB)

¹⁷ So then do not be foolish, but understand what the will of the Lord is.



Ephesians 5:15 (NASB)

¹⁵ Therefore be careful how you walk, not as unwise men but as wise,

Pay careful attention, then, to how you walk... (HCSB)

Look carefully then how you walk... (ESV)



Ephesians 5:16 (NASB)

¹⁶ making the most of your time,
because the days are evil.



- I. Walking With God
- II. Walking Like God
- III. Walking With Others

Discipleship Principles:



Our Time

Ephesians 5:21 (NASB)

²¹ and be subject to one another in the fear of Christ.









Questions

1. Reading the following verses, what primarily impresses you from reading them?

Job 9:25-26 (NASB) 25 "Now my days are swifter than a runner; They flee away, they see no good. 26 "They slip by like reed boats, Like an eagle that swoops on its prey.

Psalm 39:4-6 (NASB) 4 "LORD, make me to know my end And what is the extent of my days; Let me know how transient I am. 5 "Behold, You have made my days as handbreadths, And my lifetime as nothing in Your sight; Surely every man at his best is a mere breath. Selah. 6 "Surely every man walks about as a phantom; Surely they make an uproar for nothing; He amasses riches and does not know who will gather them.



Questions (continued)

Psalm 102:11-12 (NASB) 11 My days are like a lengthened shadow, And I wither away like grass. 12 But You, O LORD, abide forever, And Your name to all generations.

James 4:13-16 (NASB) 13 Come now, you who say, "Today or tomorrow we will go to such and such a city, and spend a year there and engage in business and make a profit." 14 Yet you do not know what your life will be like tomorrow. You are just a vapor that appears for a little while and then vanishes away. 15 Instead, you ought to say, "If the Lord wills, we will live and also do this or that." 16 But as it is, you boast in your arrogance; all such boasting is evil.



Questions (continued)

Psalm 90:4-6 (NASB) 4 For a thousand years in Your sight Are like yesterday when it passes by, Or as a watch in the night. 5 You have swept them away like a flood, they fall asleep; In the morning they are like grass which sprouts anew. 6 In the morning it flourishes and sprouts anew; Toward evening it fades and withers away.

Psalm 90:9-10,12 (NASB) 9 For all our days have declined in Your fury; We have finished our years like a sigh. 10 As for the days of our life, they contain seventy years, Or if due to strength, eighty years, Yet their pride is but labor and sorrow; For soon it is gone and we fly away. 12 So teach us to number our days, That we may present to You a heart of wisdom.



Questions (continued)

2. Of the following sub-topics dealing with time, which of the ones below do you struggle with the most? Share with the group.
- Wasting time
 - Procrastinating
 - Vegging
 - Pleasure seeking
 - Preoccupied, Living by the clock
 - Lazy
 - Workaholic, Busyness, Burnout, Overcommitment, Schedule with no white space, Saying No
 - Living for this world
 - Forgetting Eternity
 - Ignoring rest, Relaxation, Refreshment and the Sabbath
 - No Purpose, No Priorities, No Plans, No intentionality
 - Bored



Questions (continued)

3. How can being filled daily with the Holy Spirit (Eph 5:18), aid in using our time wisely? What difference would a Spirit-filled life have upon the way I spend my time each day?
4. What difference would me having a singing, worshiping heart have upon my daily decisions and lifestyle?
5. Read through the Scriptures in Ephesians dealing with walk (Ephesians 2:2,10; 4:1,17; 5:2,8,15). The Hebrews believed that walking in wisdom was primarily dealing with behavior and lifestyle. The Greeks believed wisdom mainly dealt with the knowledge in the head. Which of these two do you prefer? How does the passages in Ephesians on “walk” support your choice?



Questions (continued)

6. How does Sabbath and rest enable a person to slow down and worship God and make better, wiser decisions on the expenditure of their life? What major decisions are you needing to make right now that a life that has some spaces in it would greatly enable you to make wiser ones?
7. Why does abiding and communing with Christ enable a person to spend time wisely?
8. Ephesians 5:17 talks about the will of God. How would asking “Is what I am about to do God’s will for me right now?” begin to affect and impact your decisions and how you spend your time?



Questions (continued)

9. Does all this talk about using your time for worship and God bring guilt upon your life or motivation to bring some changes?
10. Living a life of “others-centered” can be very demanding. Are you wanting to spend more time serving others by helping, mentoring, caring, witnessing to others, or is your plate full? Please explain.
11. How do you spend time differently now as a Christian as compared to when you were not a Christian?



Questions (continued)

12. The time not spent on sleeping, eating and working is often called 'free' or 'discretionary' time. In what ways do people in our culture often spend their discretionary time? What determines the way you spend your discretionary time?

