

Sermon Series: His Presence

# His Presence in Anxiety



Graphic by John Einselen



I try to take just  
one day at a time...



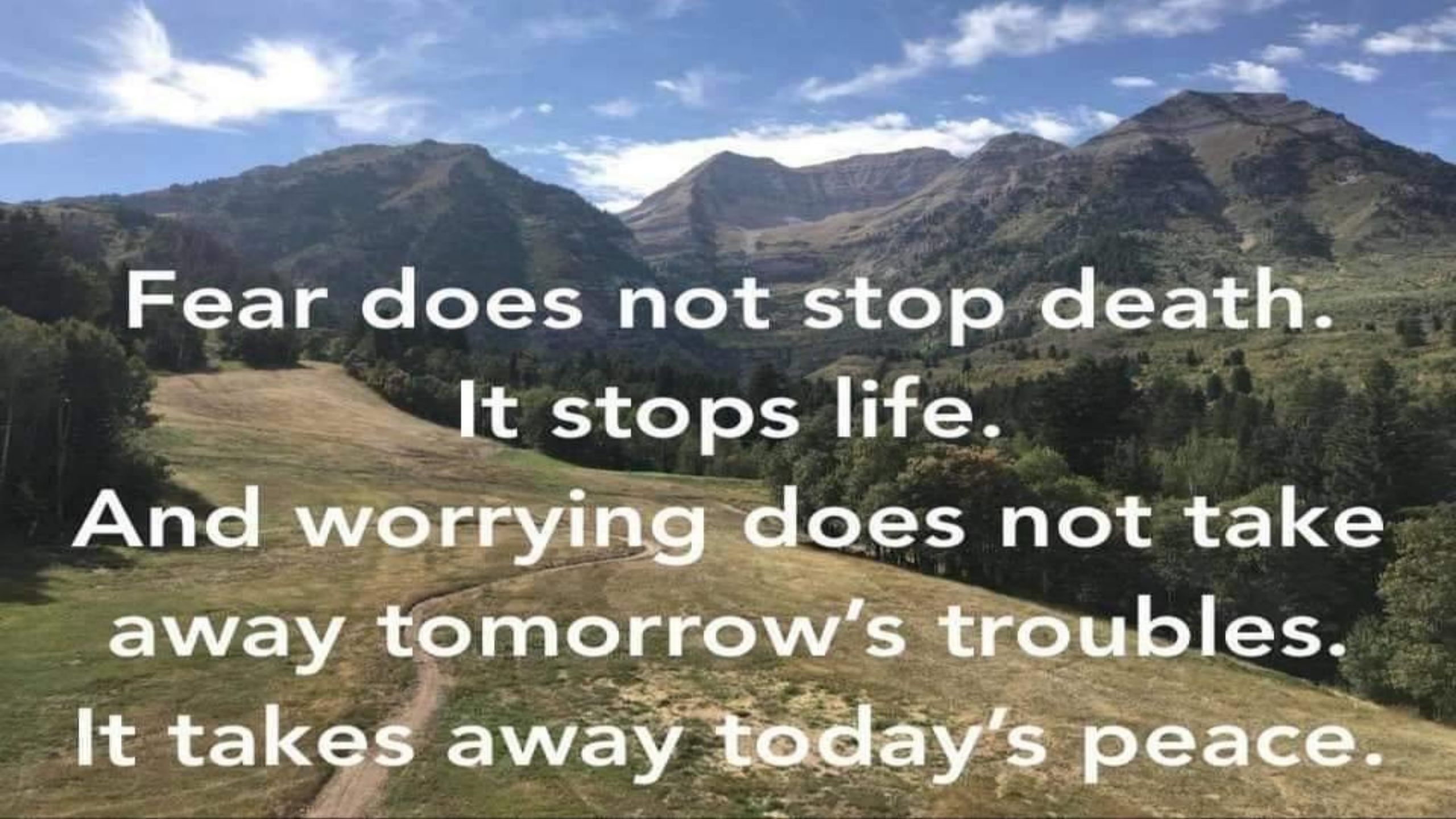
but lately several days  
have attacked me at once.

**WHAT YOUR MOTHER IS THINKING**



**WHEN YOU DON'T ANSWER HER TEXTS**





**Fear does not stop death.  
It stops life.  
And worrying does not take  
away tomorrow's troubles.  
It takes away today's peace.**

## Matthew 6:34 (ESV)

34 “Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.

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# Matthew 6:27 (ESV)

**27 And which of you by being anxious can add a single hour to his span of life?**

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If you are anxious about  
**WHAT** lies before you,  
occupy yourself with  
**WHO** goes before you.

"It is the Lord who goes before you. He will  
be with you; he will not leave you or forsake you.  
Do not fear or be dismayed."

Deut 31:8

# Jesus and the Kingdom of Heaven

His Presence in Anxiety





# I. His Presence Changes Our Needs

## Our Needs vs His Needs

His Presence in Anxiety



## Matthew 6:25 (ESV)

25 “Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing?”

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## Matthew 6:26 (ESV)

<sup>26</sup> Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?

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# Matthew 6:28 (ESV)

28 And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin,

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## Matthew 6:29 (ESV)

<sup>29</sup> yet I tell you, even Solomon in all his glory was not arrayed like one of these.

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## Matthew 6:30 (ESV)

<sup>30</sup> But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith?

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# Matthew 6:31 (ESV)

31 Therefore do not be anxious, saying,  
'What shall we eat?' or  
'What shall we drink?' or  
'What shall we wear?'

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# I. His Presence Changes Our Needs

## Our Needs vs His Needs

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# II. His Presence Changes Our Source

## Worldly vs Heavenly

### His Presence in Anxiety





## Matthew 6:32 (ESV)

**32 For the Gentiles seek after all these things, and your heavenly Father knows that you need them all.**

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## Matthew 6:26 (ESV)

<sup>26</sup> Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?

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# III. His Presence Changes Our Pursuits

## Temporal vs Eternal

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## Matthew 6:33 (ESV)

**33 But seek first the kingdom of God and His righteousness, and all these things will be added to you.**

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# IV. His Presence Changes Our Priorities

External vs Internal

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## Matthew 6:33 (ESV)

**33 But seek first the kingdom of God and His righteousness, and all these things will be added to you.**

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