

The background of the image is a misty forest. Tall, thin trees with light-colored bark stand vertically, creating a sense of height and depth. The ground is covered with fallen leaves and branches, some of which are in the foreground, slightly out of focus. In the lower center, a person is standing, holding a light that illuminates the mist around them. The overall atmosphere is serene and contemplative.

PRACTICES OF A HEALTHY CHRISTIAN

Be An Epaphras

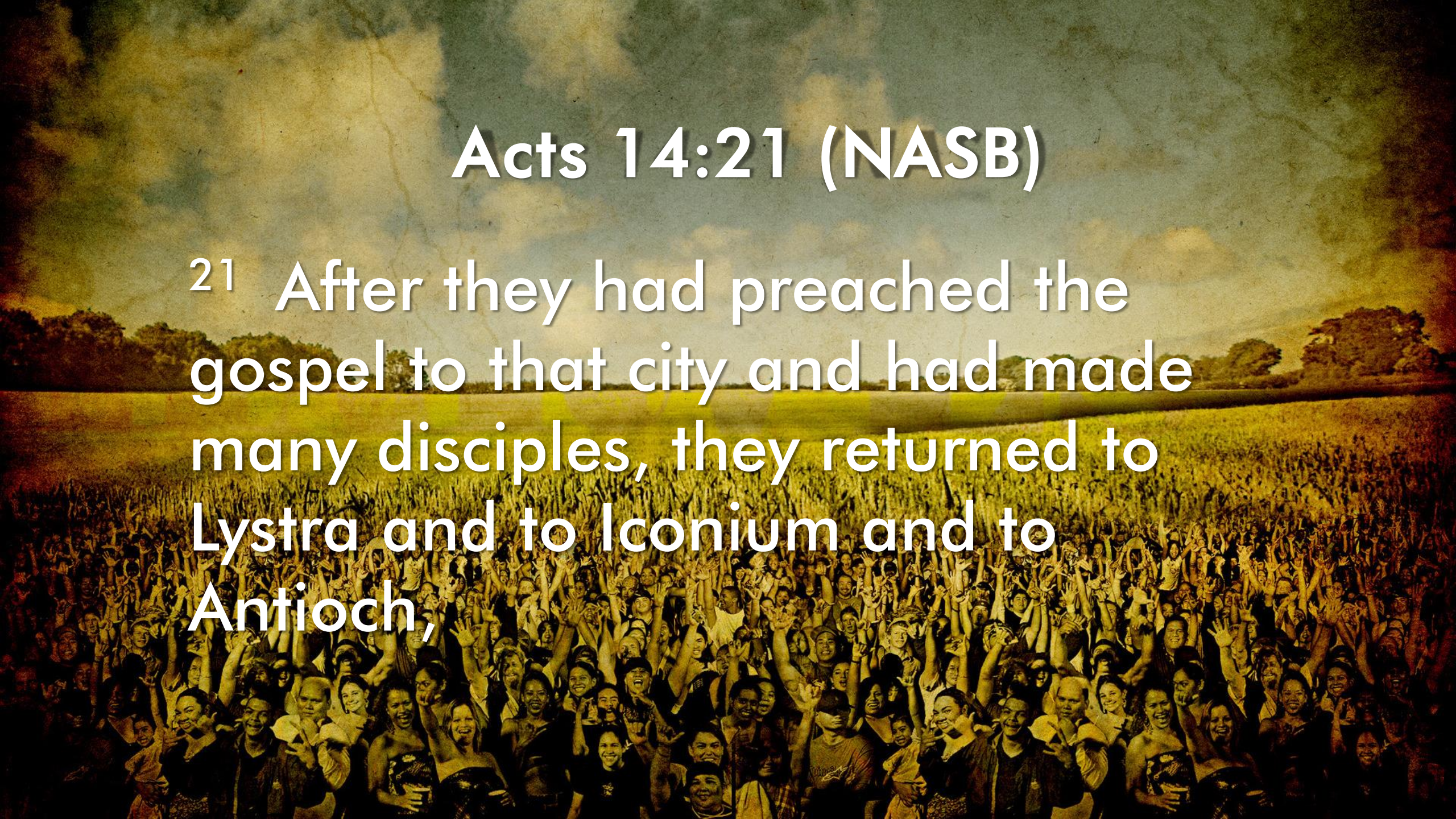
Be An Epaphras

Colossians 3:3-8 (NASB)



Acts 14:21 (NASB)

²¹ After they had preached the gospel to that city and had made many disciples, they returned to Lystra and to Iconium and to Antioch,

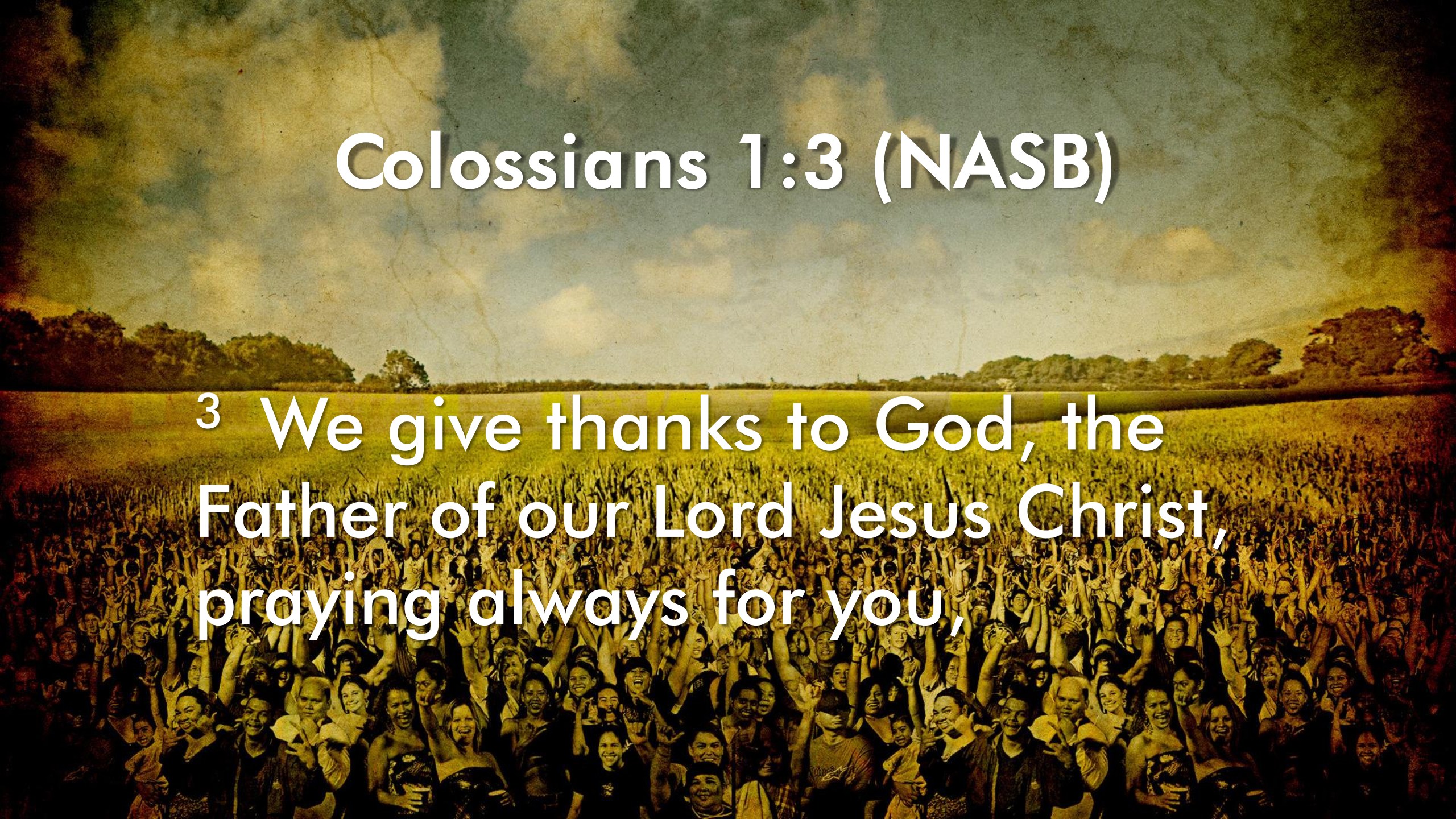


I. Prayer



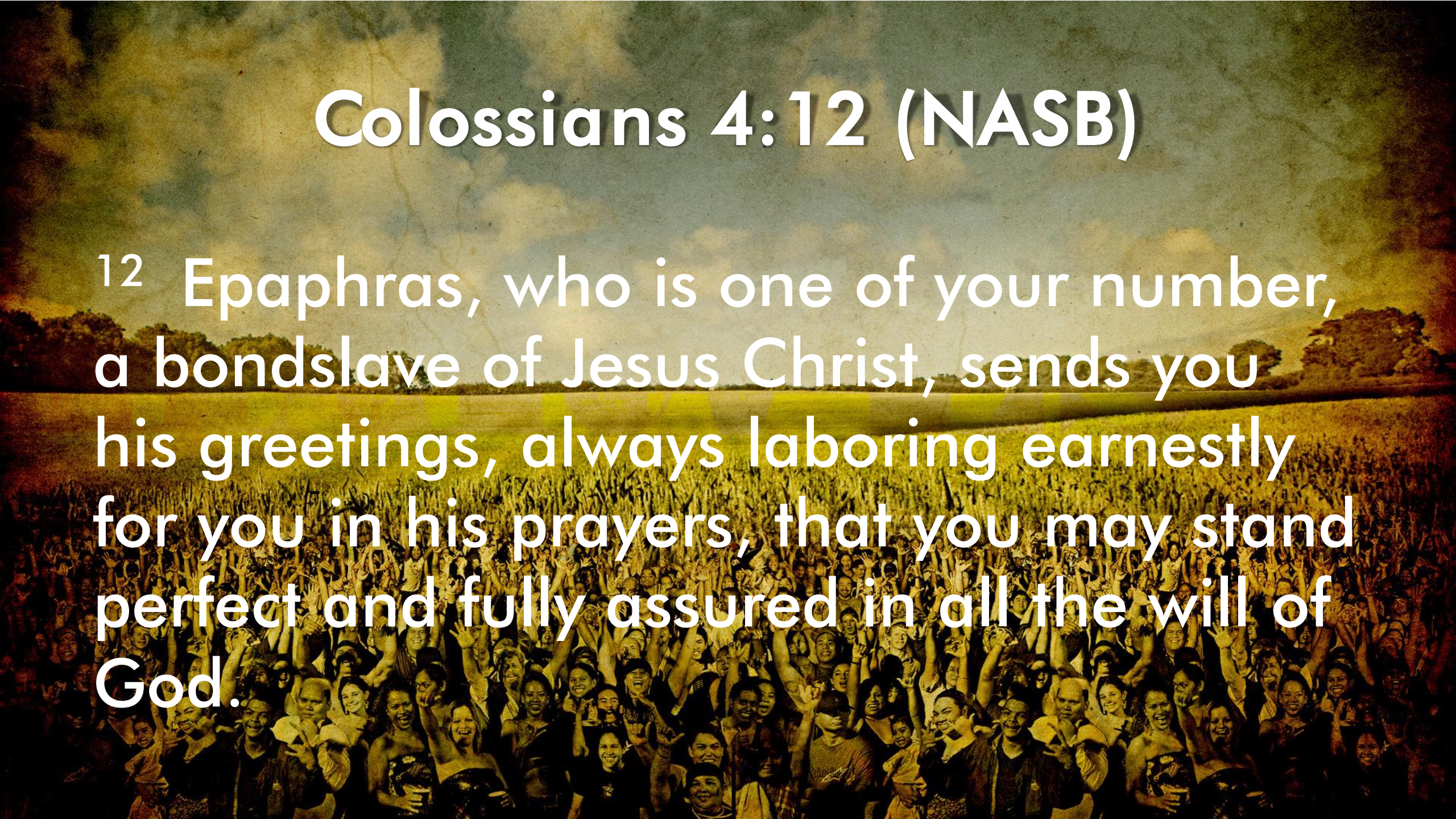
Colossians 1:3 (NASB)

³ We give thanks to God, the
Father of our Lord Jesus Christ,
praying always for you,



Colossians 4:12 (NASB)

¹² Epaphras, who is one of your number, a bondslave of Jesus Christ, sends you his greetings, always laboring earnestly for you in his prayers, that you may stand perfect and fully assured in all the will of God.

A large, diverse crowd of people, mostly young adults, are shown from the chest up, filling the lower two-thirds of the frame. They are all smiling and have their hands raised in the air, some with palms facing forward, suggesting a moment of worship or celebration. The background is a soft-focus landscape of a field under a dramatic sky with warm, golden light, likely from a low sun, creating a hazy, atmospheric effect. The overall color palette is dominated by warm yellows, oranges, and browns.

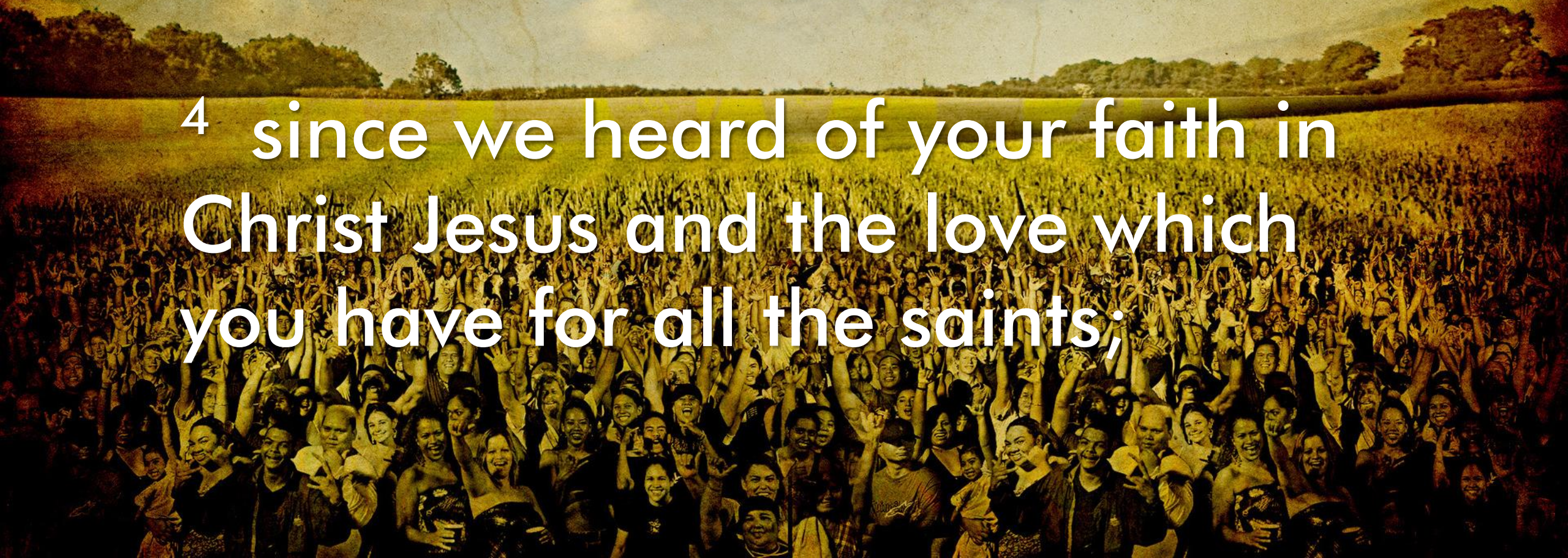
I. Prayer

II. Care



Colossians 1:4 (NASB)

⁴ since we heard of your faith in
Christ Jesus and the love which
you have for all the saints;



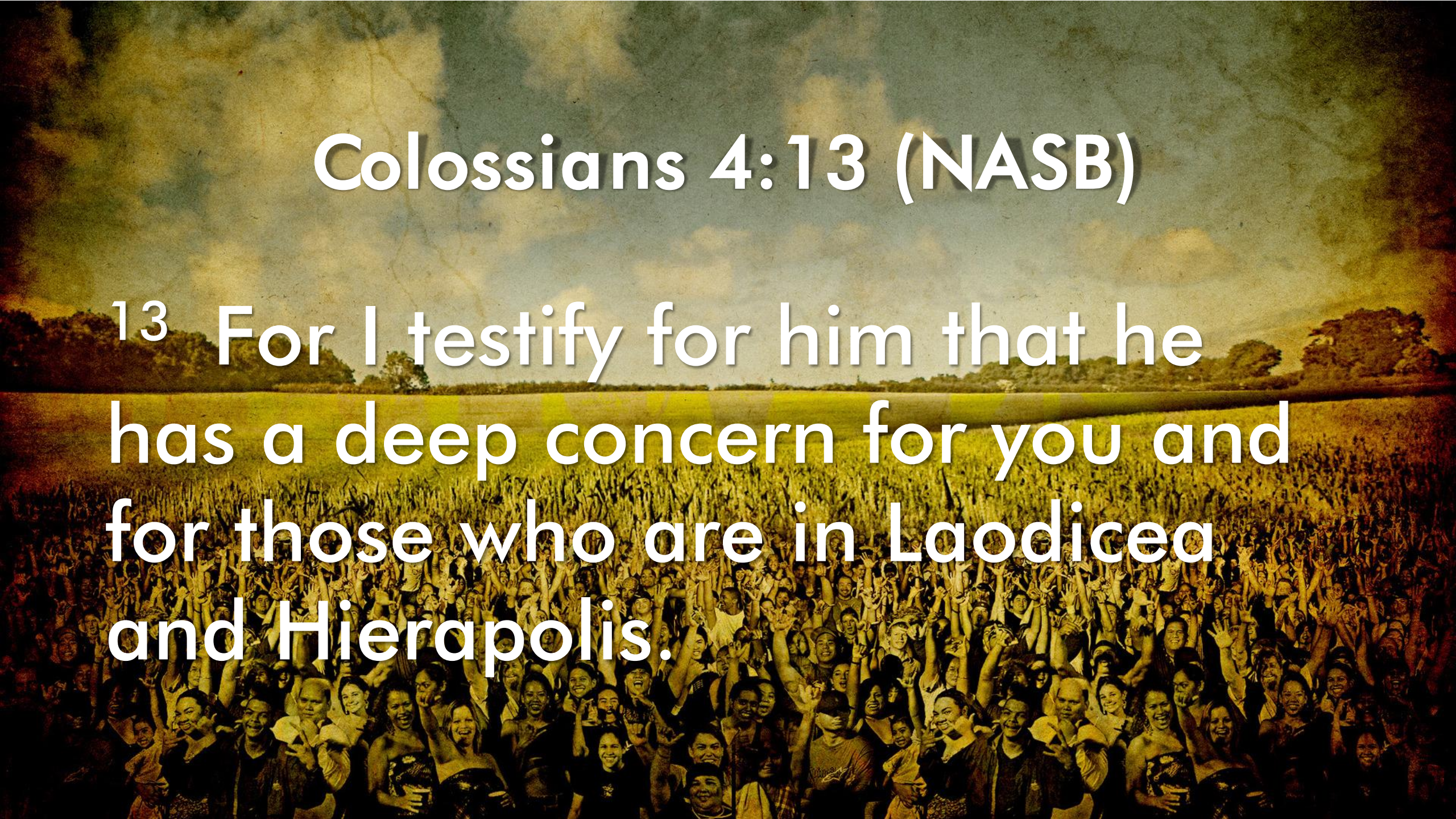
Colossians 1:8 (NASB)

⁸ and he also informed us
of your love in the Spirit.



Colossians 4:13 (NASB)

¹³ For I testify for him that he has a deep concern for you and for those who are in Laodicea and Hierapolis.



I. Prayer

II. Care

III. Share

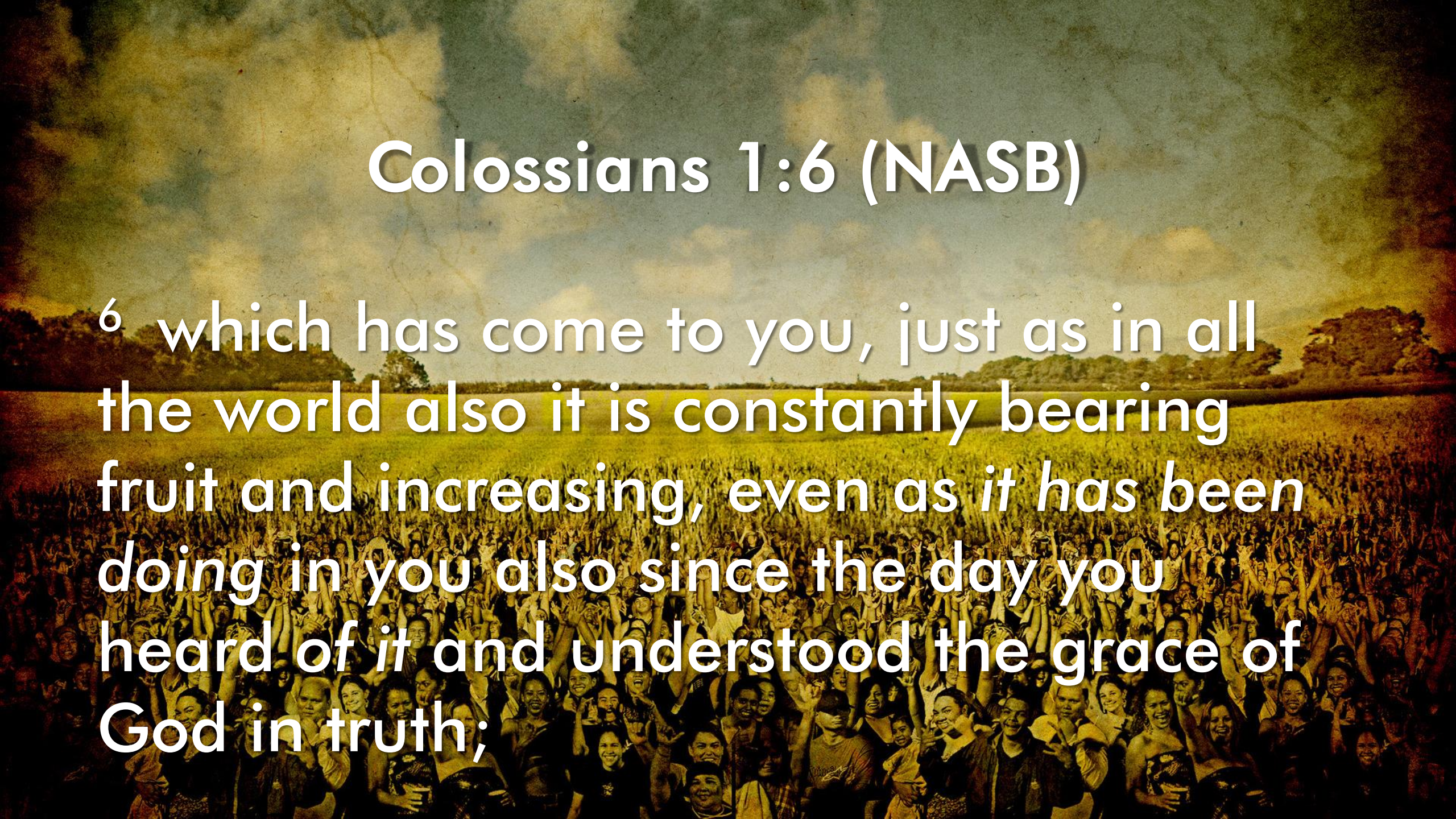


Colossians 1:5 (NASB)

⁵ because of the hope laid up
for you in heaven, of which you
previously heard in the word of
truth, the gospel

Colossians 1:6 (NASB)

⁶ which has come to you, just as in all the world also it is constantly bearing fruit and increasing, even as *it has been doing* in you also since the day you heard of *it* and understood the grace of God in truth;

A large, diverse crowd of people, mostly young adults, are shown from the chest up, filling the lower two-thirds of the frame. They are all smiling and have their hands raised in the air, some with palms facing forward, others with fingers spread, in a gesture of praise or worship. They are dressed in casual, contemporary clothing. The background behind them is a vast, golden-yellow field, possibly a wheat field, stretching to a distant horizon. Above the field, the sky is filled with soft, white and grey clouds, suggesting a bright, slightly overcast day. The overall color palette is warm, dominated by the yellows of the field and the varied colors of the people's clothing, with the sky providing a cooler, more muted backdrop.

Colossians 1:7 (NASB)

⁷ just as you learned *it* from
Epaphras, our beloved fellow
bond-servant, who is a faithful
servant of Christ on our behalf,

Be An Epaphras

Witnessing is praying for and
caring for others and then
sharing the good news of
Jesus Christ to those who do not
know Him nor obey Him.

