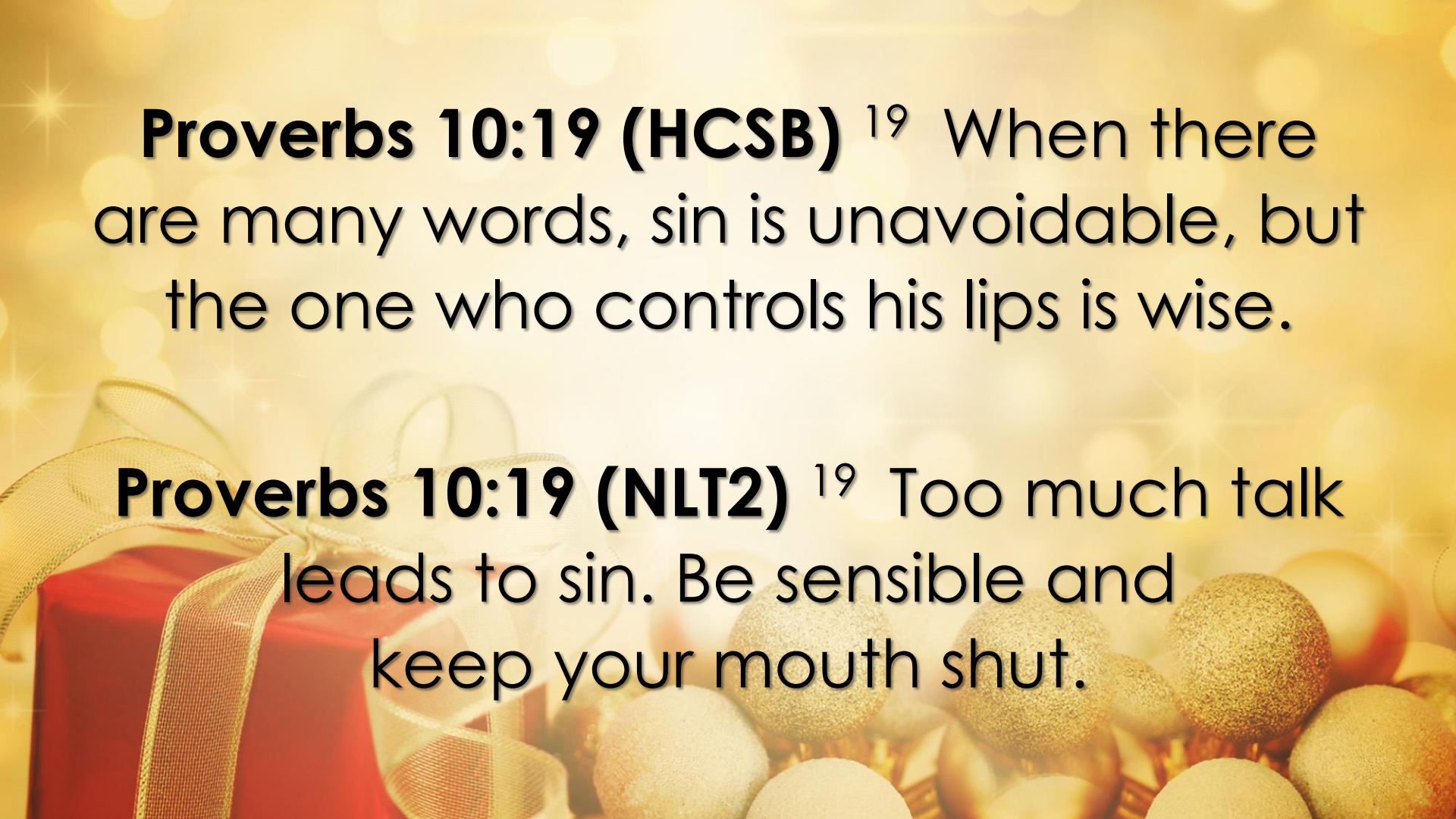




Gifts For A Firsthand Christmas

A Time To Be Silent

Proverbs 10:19 (HCSB)



Proverbs 10:19 (HCSB) ¹⁹ When there are many words, sin is unavoidable, but the one who controls his lips is wise.

Proverbs 10:19 (NLT2) ¹⁹ Too much talk leads to sin. Be sensible and keep your mouth shut.

We will begin our service today with
one minute of silence!



Problems or Obstacles to Silence:

Not Always Good

Boredom

Anxiety

Distractions

Control



Proverbs 10:19 (HCSB) ¹⁹ When there are many words, sin is unavoidable, but the one who controls his lips is wise.

Silence can lead to listening
which can lead to connection
which can lead to wisdom...

Silence can lead to listening
which can lead to connection
which can lead to wisdom...

From Being With God

From Being with Others

From Being with Self



https://en.wikipedia.org/wiki/The_Sound_of_Silence

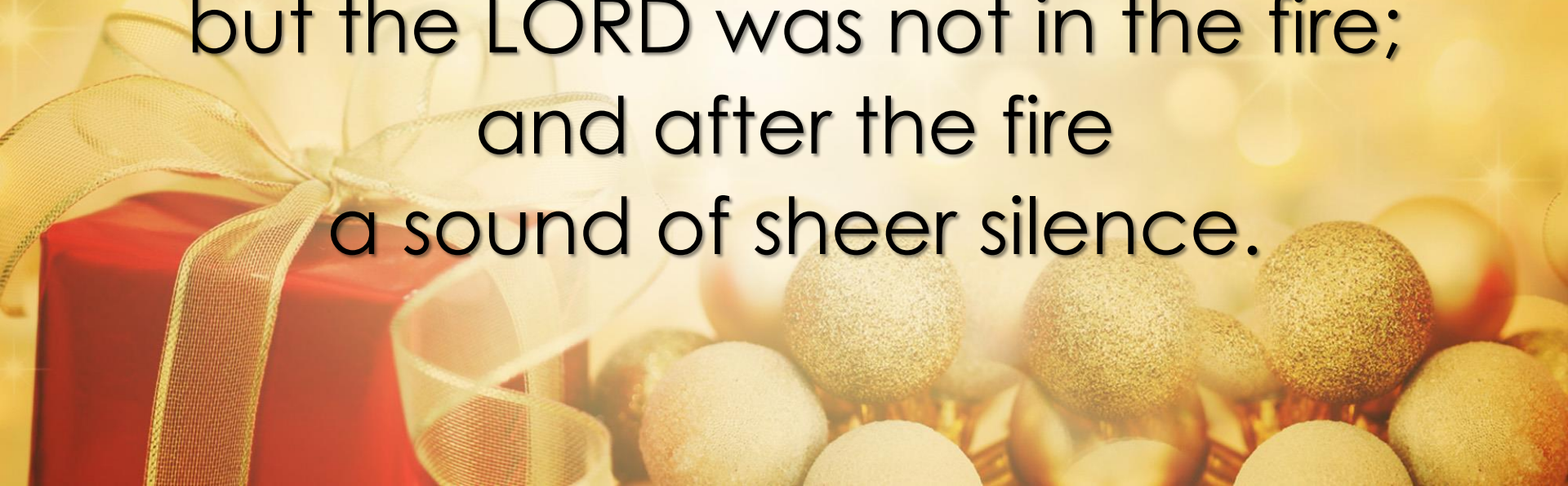
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Silence can lead to listening
which can lead to connection
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Before GOD

1 Kings 19:12 (NRSV)

and after the earthquake a fire,
but the LORD was not in the fire;
and after the fire
a sound of sheer silence.



Proverbs 10:19 (HCSB) ¹⁹ When there are many words, sin is unavoidable, but the one who controls his lips is wise.

Silence can lead to listening
which can lead to connection
which can lead to wisdom...

Before GOD
Before OTHERS

Proverbs 10:19 (HCSB) ¹⁹ When there are many words, sin is unavoidable, but the one who controls his lips is wise.

Silence can lead to listening
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Before GOD

Before OTHERS

Before SELF



<https://ruahspace.com/what-does-the-bible-say-about-silence-and-solitude/>

Gifts For A Firsthand Christmas

A Time To Be Silent...

Before God
Before Others
Before Self

Proverbs 10:19 When there are many words,
sin is unavoidable, but the one who controls his lips is wise.

Questions

1. What has been some experiences with silence in your past that you could share that had either a positive or negative impact on you?
2. In regards to the obstacles of silence that were mentioned in the sermon and are listed above, which of those do you experience when it comes to dealing with silence?
3. What practical steps could you take to overcome those obstacle(s) to experience healthy silence?

Proverbs 10:19 When there are many words, sin is unavoidable, but the one who controls his lips is wise.

Questions

4. Concerning the three areas of God, Others, Self, which of these do you think you practice silence the best? Which of these do you really struggle with to practice silence?
5. Why is silence so important? What benefits or gifts do you think you can receive from being silent with...
 - a) God?
 - b) Others?
 - c) Self?

Proverbs 10:19 When there are many words, sin is unavoidable, but the one who controls his lips is wise.

Questions

6. When, where and how often are you willing to begin the practice of silence?
7. Some people have learned that when starting a new practice, attaching a new habit to an old one you are currently practicing makes it easier. What current habit or practice are you currently doing that you could attach the holy habit of silence to in order to be more consistent?

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Questions

8. Will you begin to add silence into your times with God, conversations with others, and alone time with yourself?



Proverbs 10:19 When there are many words, sin is unavoidable, but the one who controls his lips is wise.